

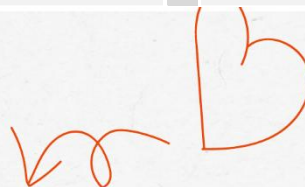


MAPA DE AULAS VIVAGYM LEIRIA



DATA INICIO: 01/03

INICIO	SEG	TER	QUA	QUI	SEX	SÁB	DOM
07:00	CYCLING	V-CROSS	V-BURN	GAP	FIT MOVES		
07:15							
07:45	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING				
09:45	ABS			VIRTUAL CYCLING		VIRTUAL CYCLING	VIRTUAL CYCLING
10:00				ABS	ABS	FIT MOVES	
10:15			V-MIND	GAP	CYCLING		ABS
10:30	PILATES	V-BURN					VIRTUAL CYCLING
10:45			ABS				
11:00						CYCLING	
11:15							
11:30	VIRTUAL CYCLING	ABS		VIRTUAL CYCLING	VIRTUAL CYCLING	ABS	
13:15	V-POWER	ABS	ABS	V-BURN			
14:00	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
15:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
17:45	FIT MOVES		V-MIND	V-HYBRID		VIRTUAL CYCLING	
18:00		V-POWER	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
18:00	CYCLING				V-HYBRID		
18:15	PILATES		V-POWER	V-CROSS			
18:30	V-HYBRID				V-FIGHT		
18:30							
18:45	V-FIGHT	GAP	CYCLING				
18:45		V-HYBRID			VIRTUAL CYCLING	VIRTUAL CYCLING	
19:00			GAP	V-BURN	V-POWER		
19:00					VIRTUAL CYCLING		
19:15	CYCLING					VIRTUAL CYCLING	
19:30	V-BURN	CYCLING	PILATES	DANCE			
19:30		V-MIND					
19:45							
20:00	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	V-YOGA		
20:00					CYCLING		
21:00	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		



QUERER-SE MAIS COMEÇA AQUI

Reserva a tua aula na App VivaGym



A VIVAGYM RESERVA-SE O DIREITO DE ALTERAR O HORÁRIO POR RAZÕES EXTERNAS.



O USO DE TOALHA É OBRIGATORIO.



NÃO PODERÁ ENTRAR NA SALA APOS 5 MINUTOS DO INICIO DA AULA.

CORPO E MENTE	CYCLING	COREOGRAFIA
CORPO E MENTE VIRTUAL	CYCLING VIRTUAL	FUNCIONAL
CARDIO	TONIFICAÇÃO	ABDOMINAIS
CARDIO VIRTUAL	TONIFICAÇÃO VIRTUAL	

RESERVA A TUA VAGA NA ÁREA CLIENTE EM www.vivagym.pt OU APP